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# Simple access to exceptional care

On-demand access to care via chat or video. Our doctor-led care team is ready to help, day or night 365 days a year.

## Transcarent Virtual Care



### Convenient

Start a virtual care visit on-demand 24/7/365



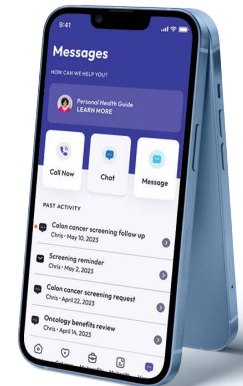
### Little to no cost to you

Most of the cost is covered by Vinct Group



### Quality

Licensed, board-certified doctors and nurses



## Get the care you need without leaving home

With Transcarent, you can start a virtual care visit on-demand, no appointment needed! Say goodbye to urgent care waiting rooms and crowded ERs. Take advantage of this benefit, available **at no cost to you** for PPO plan Members and only \$5 for HDHP plan Members.

### We can help with:

- Upper respiratory conditions
- Dermatology related issues
- GI / digestive issues
- Urinary tract infections
- Ear, nose and throat issues
- Musculoskeletal issues
- Gynecologic
- Hypertension
- Asthma
- Hypothyroidism
- Anxiety, Depression
- Referrals to in-person specialists
- Lab and blood work orders
- Prescription refills\*

*\*We can refill most maintenance medications, but we cannot refill controlled substances like Adderall or Xanax. It is up to your doctor whether a new prescription is right for you.*

### How it works

- 1 Start a visit** by downloading the Transcarent app and activating your benefits, if you haven't already.
- 2 Answer health questions** from the Care Assistant about your health history and current health concern.
- 3 Connect with a provider** by entering the virtual waiting room while a provider reviews your information.
- 4 Get care** from a high-quality, licensed, board-certified provider.
- 5 Follow your post visit care plan** available for easy reference in the app. Start feeling better—it's really that easy!

